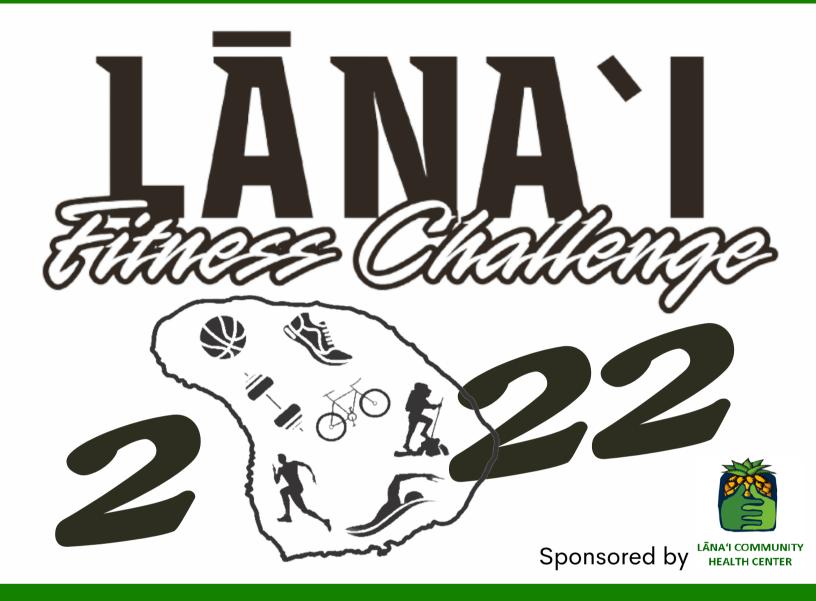
OCTOBER VIRTUAL FITNESS EVENT



EVENT DATES: OCTOBER 1 - 31, 2022
EVENT REGISTRATION & CHALLENGE INFO:
HTTPS://FORMS.Office.com/r/u27JTNCZuw



We challenge you to 31 days of exercise!

This 100% virtual event will be hosted solely through social media to track and support one another through our fitness journey.

All you will need is a Facebook, Instagram, or email account.

Weekly prizes will be available for participants, along with a free event t-shirt.